

# Community Foundation 2024 Youth Grant

## Application Proposal

**Project Title:** Empowering Teens: Dating Violence and Consent Workshop

**Organization:** Women's Center of Greater Lansing

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**Submission Date:** February 8, 2024

**Proposal Summary:**

The Women's Center of Greater Lansing seeks funding through the Community Foundation 2024 Youth Grant for its "Empowering Teens: Dating Violence and Consent Workshop" project. This project aims to address the critical issue of domestic violence and sexual abuse in relationships by educating teenagers in the tri-county capital region on how to develop healthy relationships. The project will feature engaging workshops with a qualified professional, interactive activities, and an Ice Cream Sundae Bar incentive.

The workshops will focus on mental wellness, violence prevention, and consent awareness, to equip 275 teens in the Lansing School District with essential life skills. To guarantee sustainability after the grant funds have been used, the Women's Center plans to foster partnerships with local organizations, generate ongoing community support, and focus on measurable outcomes such as reduced instances of dating violence and sexual abuse in the area.

## **Introduction**

We are applying for the Community Foundation 2024 Youth Grant to fund our project "Empowering Teens: Dating Violence and Consent Workshop." This project addresses critical issues facing teens in the tri-county capital region, focusing on mental wellness, violence prevention, and consent awareness. We are requesting \$5,000 to implement this essential program.

## **Project Overview**

Our community is grappling with challenges affecting teen well-being, including dating violence, substance abuse, and mental health issues. These issues highlight the urgent need for proactive interventions that equip teens with life skills to navigate these complexities successfully.

## **Objectives**

The primary objective of our project is to empower teens aged 12-18 in the Lansing School District with the knowledge and skills to address dating violence, promote consent awareness, and enhance their mental wellness. Through interactive workshops and engaging activities like an Ice Cream Sundae Bar incentive, we aim to achieve the following:

- Raise awareness about dating violence and consent.
- Provide education on healthy relationships and boundaries.
- Equip teens with practical skills to address mental health challenges.
- Foster a safe and supportive environment for open dialogue.

## **Community Involvement**

We have actively sought input from our target audience, including teens, parents, educators, and community leaders. Their feedback has shaped the workshop content to ensure its relevance and effectiveness. We will continue gathering input through pre- and post-workshop surveys to measure impact and make necessary improvements.

## **Evaluation and Success Metrics**

We will evaluate the project's success through multiple measures, including:

- Pre- and post-workshop assessments to measure knowledge gain.
- Behavioral changes are observed over time, such as improved communication skills and boundary-setting.
- Participant feedback and satisfaction surveys.

- Quantitative data on reduced instances of dating violence and substance abuse.

## **Sustainability Plan**

To sustain this project beyond the grant period, we plan to:

- Establish partnerships with local schools, community organizations, and mental health professionals for ongoing support and collaboration.
- Seek additional grants, sponsorships, and community donations to supplement funding.
- Develop a sustainable funding model that includes nominal participant fees and donations.

## **Budget Breakdown**

Guest Speakers and Facilitators: \$2,500  
Workshop Materials and Outreach: \$500  
Total: \$5,000  
Materials and Resources: \$1,000  
Ice Cream Sundae Bar Supplies: \$1,000  
Promotional

## **Expected Reach**

Approximately 275 teens (150 in Ingham County, 75 in Eaton County, and 50 in Clinton County) will directly benefit from this grant-funded project.

## **Conclusion**

Our "Empowering Teens: Dating Violence and Consent Workshop" is a vital initiative that addresses critical issues facing teens in our community. With your support, we can equip these young individuals with the knowledge, skills, and resources they need to lead healthy and fulfilling lives. Thank you for considering our grant proposal.